

“A WELLNESS PROGRAMME
THAT RE-ORDERS AND
STIMULATES ESSENTIAL
LEARNING PATHWAYS”



KARRINYUP
WELLNESS CENTRE
celebrating your life potential

168 Karrinyup Road Karrinyup WA 6018
Telephone: 08 9341 3020
Facsimile: 08 9341 4799
Email: admin@wellness-centre.com.au

The illustration shows two stylized human figures in purple, one larger than the other, with their arms raised in a 'V' shape. They are standing on a green, rolling landscape. In the background, there is a blue sky with a crescent moon, several stars, and a few birds in flight. A large green leaf is also visible on the right side of the landscape.

LEARNING DIFFICULTIES,
ADD & DYSLEXIA
PROGRAMME

A WELLNESS PROGRAMME THAT RE-ORDERS AND
STIMULATES ESSENTIAL LEARNING PATHWAYS

WELCOME

We welcome you to the Karrinyup Wellness Centre where we will coach you to achieve your optimum wellness potential. Being totally well enables you to feel great every day and enjoy life more fully.

WHAT MAKES KARRINYUP WELLNESS CENTRE DIFFERENT?

The Karrinyup Wellness Centre is dedicated to helping you achieve your optimum wellness potential by providing specially trained Wellness Practitioners who are up to date with the latest techniques and knowledge in whole person care.

This is done through specialised chiropractic care, therapeutic massage, the latest technology in naturopathic care and experienced re-evaluation therapy.

OUR MISSION STATEMENT

Coaching you to achieve your wellness potential by restoring balance to your structure, body chemistry and emotions.

LEARNING DIFFICULTIES, ADD, DYSLEXIA

Living with a child or adult who suffers with learning difficulties, ADD or dyslexia is extremely stressful for everyone. Usually the parents or individuals come to us at their wits end not knowing what to do next. Meanwhile, the individual is missing out and suffering because of their inability to keep up with others and the school curriculum or their work/study.

NEURAL ORGANISATION TECHNIQUE (N.O.T.)

N.O.T. is a way of organising the nervous system and therefore the body it controls and can be used to correct many of the neurological, muscular/connective tissue problems and the negative effects they have on your health. N.O.T. is gentle, non invasive and particularly useful to help people who suffer from dyslexia, learning difficulties and ADD. All of the chiropractors at Karrinyup Wellness Centre are trained in N.O.T.

PROGRAMME OVERVIEW

This programme seeks to re-order the disorganisation in the nervous system causing learning problems which is now well documented in these syndromes. The programme involves a series of specific corrections to the spine, pelvis, skull and jaw. The corrections involved are derived from Neural Organisation Technique (N.O.T.) which help to stimulate and consolidate essential learning pathways. We also work on stabilising body and brain chemistry using naturopathy which encompasses diet, herbal, nutritional and homeopathic medicines. The aim of the programme is to re-order and stimulate essential learning pathways. The programme is offered in two levels - Essentials and Plus.

PROGRAMME INCLUSIONS

- Chiropractic care, Applied Kinesiology, Craniomandibular Therapy, Neural Organisation Technique
- Complete nutrition and food review
- Food allergy testing
- Nutritional, herbal, homeopathic medicines as required (Plus)
- Re-evaluation therapy (Plus)
- Family Awareness Video
- Learning Difficulties, ADD, Dyslexia education seminar
- Wellness Ways Newsletter
- Option to include:
 - Developmental & Educational aptitude testing

HOW LONG WILL IT TAKE?

The programme can be taken for six or twelve months. Most sufferers show significant improvement during the first intensive 2-3 months and are then able to truly learn and redevelop the self-confidence lost as a result of these debilitating syndromes. Once all the corrections are stable then follow-up on an approximate monthly basis is recommended for 12 months.

BRAIN GYM

In addition to your treatment under our care some physical exercises will be given to you to be practised at home on a daily basis. Tutoring and other care may also be recommended.

FIRST STEP

Your initial assessment will provide your Health Coach with information relating to any specific problems in the structural housing of the nervous system, i.e. functional problems in the spine, pelvis, skull and jaw. Please make your appointment with our reception staff at your convenience. We look forward to being of service.

TESTIMONIALS

“My son was struggling at school until he completed the N.O.T. programme at Karrinyup Wellness Centre. He has since done extremely well. I highly recommend it for people who are having trouble learning within the conventional education system.”

Stephen Saunders

“My son had severe co-ordination problems and lacked the ability to concentrate. His grades were being affected dramatically and he was going to have to repeat Grade 3. After 2-3 mths of N.O.T. and chiropractic care at Karrinyup Wellness Centre his grades improved considerably. His next report showed a vast improvement and his teachers were amazed. Ben continues to improve with regular care at Karrinyup Wellness Centre.”

Kirsty Johnston

SUPERWELL

All systems functioning

